

- Basic Concepts of research
 - Scientific Method
 - Method of studying nature based on systematic observation and rules of evidence
 - Empirical evidence (Most relied on) – Based on public Observation (Others can confirm)
 - Operational definitions – Describing the empirical evidence, or at least the specific procedures that were used in obtaining that evidence
 - 60% of Chicago bus drivers day-dream while driving
 - 60% of Chicago bus drivers answered yes to the question “Do you daydream while bus-driving?”
 - Tells the specific procedure
 - Operational Definition
 - Can evaluate quality of evidence
 - Theory – Tentative Explanation that explains some event or relationship ~ Tested, stronger with more testing
 - Hypothesis – Predictions based on a theory, tested in a study
 - Purpose of a study is to confirm or reject a hypothesis
 - Sample – A group of participants, who will be studied to learn about an entire population
 - Representativeness of a sample
 - Typical of entire population
 - Replication – Doubt the results of a study until it is repeated over and over
 - Replication is the repetition of studies in hopes of finding similar or the same results
 - Research Methods
 - Descriptive Studies – Methods of observation used to describe predictable behaviors and/or mental processes (study individuals in their lives)
 - Survey Method
 - Uses questionnaires or interviews in order to obtain information
 - Biggest disadvantage : People lie
 - Biggest advantage : A lot of info in a short amount of time
 - Researcher bias is also a disadvantage
 - Naturalistic observation (Jane Goodall)
 - Record behavior in a real-life natural setting
 - Participants should not be aware of their participation

- Advantage – Recording ‘True’ Behavior
 - Disadvantage – Time consuming; limited numbers
- Clinical Method
 - Method of studying individuals while they receive treatment for a psychological disorder
 - Disadvantage – Aware of observation
 - Advantage – Can see if certain things are working
- Case Study
 - In depth investigation, usually specific to a single person
 - Advantage – In depth
 - Disadvantage – A long time; only a single individual
- Correlation Method
 - Attempts to measure the strength of a relationship between 2 variables
 - Does not attempt to determine cause and effect
 - Relies on quantitative measures (variables measured in numerical terms)
 - Coefficient of Correlation – Numerical expression of the strength and direction of a relationship between two variable
 - Scale of – 1.00 to + 1.00
 - At 0, there is no relationship between the variables
 - ↑ ↑
 - V1 V2 Positive Correlation
 - ↓ ↓
 - V1 V2 Positive Correlation
 - ↑ ↓
 - V1 V2 Negative Correlation
 - -.6 or +.6 is a strong correlation
 - Correlation does NOT mean causation
 - Negative Correlation
 - -.6 or +.6 is a strong correlation
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 - Negative Correlation
 - -.6 or +.6 is a strong correlation
 - Correlation does NOT mean causation

- Formal Experiments
 - Designed to SHOW cause and effect
 - Researcher manipulates the independent variables in order to show how they affect the independent variable
 - Jean Pierre Lehmann (Experiment on violent behavior)
 - Windy Josephson (Strengthened Jean's Research)
 - Steps in conducting formal experiments
 - Establish Variables (Dependent/Independent)
 - Independent – Variable whose quantitative value is controlled by the researcher
 - Dependent – Variable whose quantitative value is expected to depend on the independent variable
 - Random selection – Choosing a group from a larger population (sample)
 - Randomly assign
 - Experimental Group
 - Control Group
 - Group not exposed to any level of the independent Variable
- Placebo Effect
 - When a behavior is changed by a condition in a formal experiment that is inactive
- Blind formal experiment – An experiment in which the researcher measuring the dependent variable has no idea who is in the experimental and who is in the control group
- Experimenter bias – Knows test, and is thus influenced
- Double-Blind Formal Experiment
 - Both the researcher and the participants don't know which group they are in
 - Eliminates both experimenter and participant bias